Capt. Roy Nafarrete, U.S. Navy Sexual Assault Prevention and Response Officer, will present “Change the Culture” to the UH West Oahu community during the upcoming “Healing Soles: Step Up Against Violence” event at University of Hawaii- West O'ahu.

The presentation is scheduled in Room C 208 on April 18th, 2018.

"Change the Culture," is a federal program which takes a comprehensive approach to the prevention of destructive events, such as sexual assault, sexual harassment, domestic violence, hazing, bullying and discrimination. The program promotes the prevention and elimination of destructive events and behaviors, and complements current prevention training while building resiliency and promoting positive behaviors. This interactive 1-hour program builds upon the Socio-Ecological Model and research from the World Health Organization, Centers for Disease Control, Kotter, Graham, Munch, Kilmartin, and Katz.

The program promotes “primary prevention” of destructive behaviors and events by:

1. Defining Culture
2. Examining society's role in the development of our personal behaviors.
3. Challenging individuals to assess their own behavior.
4. Emphasizing that "change starts with the individual" #checkyouri
5. Re-defining and executing new social norms derived from individual behavior change

To prevent destructive behaviors and destructive events, we have to attack the root cause - the sometimes violent use and abuse of power and control that can only exist in a culture which lacks dignity and respect for others.

This kind of toxic culture fosters left-side (continuum of harm) behaviors such as sexism, misogyny, objectification, homophobia, fear, low empathy, and racism.

In FY17, “Change the Culture” was presented to over 53,000 sailors, airmen, Marines, soldiers, and civilians. The program was well received with overwhelmingly positive feedback.

For more information regarding our “Healing Soles: Step Up Against Violence” April 18th event, please visit: https://www.uhwo.hawaii.edu/compliance/healing-soles/